

# Update – Team Kerrison

BY JOE KERRISON

---

Having finished school and getting my GCSE's out of the way, I have now begun to pledge my time to my boxing training and started the initial phases of my set-out plans.

On the last Sunday of each month I am travelling across the country to attend Team England training camps after England Boxing renewed my place on the England Talent Pathway just weeks ago as they do each year. This means I can look forward to being called upon to travel both nationally and internationally to represent my country proudly.

Along with this commitment to Team England, the coming European Championships in Bulgaria are drawing nearer and my aim is to train hard, maintain optimum fitness and do my best to secure a place in the team that will go to Bulgaria in September.

My training has been structured to a hard and intense regime which includes going to Lowestoft Boxing Club three times a week, travelling to London's famous Peacock Gym as often as possible as well as training at home and using the facilities at Harleston Leisure Centre in my spare time.

Within the space of the coming year, I'm looking forward to competing in the next National Championships, Youth Box Cups and other England events laid out on the calendar. To reinforce these goals, I aim to continue travelling the country for sparring and valuable experience which has only helped me over the past years. It's safe to say that we have a busy year ahead and a positive looking future as I go towards my long term goals of Team GB, the Olympics and other boxing heights!

Thank you all for your ongoing support, it really does have a huge effect!





