

# The Mason Trust Grant Award

TANYA PARK

---

I am so grateful that the Trustees at The Mason Trust provided me with a grant towards books on my first-year reading list. Knowing that I was able to purchase and read the books needed for the course, has allowed me to make a great start to my first year training as an Art Psychotherapist, and has eased the transition to Master's level study.

Before being awarded the grant from The Mason Trust, I had deferred my offer to study from a 2017 to a 2018 start. The award from The Mason Trust supported me to believe that I could take up my offer for 2018 and achieve my goals. The award from the Trust allowed others to believe in me too and led to a further three awards towards support for tuition fees; which altogether supported me to take up my 2018 offer and begin the course.

During term-time I have been commuting to London two days a week on a Monday and Tuesday. The group based experiential workshops on a Monday have enabled me to better understand the nature of working in groups and challenges a client may face in the group environment. These work alongside a weekly reading group, where the group get together to discuss a set text. It has helped me enormously that some of these texts have been from books which I have had my own copy, due to the generosity of The Mason Trust.

Having now completed my first term at Goldsmith's, my understanding of topics discussed in weekly lectures on a Tuesday has been enhanced by being able to read from the books in my own time, both before and after the lecture. Many of these books will stay with me throughout my journey as a trainee to practicing Art Therapist and will continue to enhance my understanding of the topic.

The support the Trustees have given me by offering financial support towards the University books for my course, has been a fundamental part in the start of my journey as an Art Psychotherapist and I want to take this opportunity to say how thankful I am.