## www.themasontrust.org





### What do we do?

# We help young people in Norfolk and Suffolk to overcome barriers and take control of their own futures.

- Our 'Small Change' grant provides modest sums of money to help local young people take that next step through education, training, work or along their chosen career path.
- We operate several one-to-one mentoring schemes, where our mentors work directly with candidates to help remove barriers to employment, increase their confidence and ultimately support them into jobs, training or education.
- We work in schools and colleges to help students understand the local labour market and the skills and information they need to enter it and begin their careers. (We do this primarily using our own icanbea... careers website.)

#### **SMALL CHANGE GRANT**

This limited fund is designed to quickly make a difference to people that have **immediate financial barriers** to their personal progress. Awards of around £75 will be made swiftly to successful **individuals** who demonstrate a genuine need and where other funding options have been exhausted.

We consider contributing to things like training, learning and safety courses, one-off travel costs for training events or an interview, specific equipment or gear required for work / training and clothes for interviews. Check the Funding section on our website for full details and the application form.

#### **MENTORING**

Our **experienced mentors** offer a friendly, personalised online and face-to face service to **help young people work through the issues** preventing them from getting jobs and moving forward with their lives. From offering CV writing and mock interviews to helping people find and apply for jobs, **our team is there to support them every step of the way.** Get in touch to find out if you're eligible.









#### **EDUCATION PROGRAMME**

As well as our funding and mentoring work, The Mason Trust works with students, job seekers and educational institutions to **highlight local career options to young people.** 

We support educational establishments, local authorities and government, as well other initiatives for young people - by providing workshops for groups to explore local careers ideas, learning & training routes and entry level job opportunities, plus things like volunteering and work experience.

Our free site www.icanbea.org.uk showcases career ideas, local employers and employee stories as well as highlighting actual vacancies in a regional context, allowing people to learn about the local, tangible opportunities on offer.

If you would like us to run sessions similar to the above, or CV workshops at your school or college, contact us for a chat at team@icanbea.org.uk

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